

Sustainability Initiatives

Going Green Together

We believe that we all have a part to play in preserving our future for generations to come, both locally and across the globe.

At N&G, we think everyone has a role to play in maintaining a healthy and sustainable ecosystem. And even small actions matter! Therefore, we've taken steps to make the Conference more environmentally friendly.

N&G and the Sustainable Development Goals

The [Sustainable Development Goals](#) (SDGs, also called the Global Goals) are 17 goals with 169 targets that all UN Member States have agreed to work toward achieving by 2030. They set out a plan for a world without poverty, hunger, and disease.

We at N&G want to contribute to the achievement of these objectives in our value chain. We support and work toward the following SDGs:

Contributions You Can Make as an N&G Delegate:

As individuals and as a community, we can and should individually contribute to protecting the earth and its natural systems and resources and to sustaining the natural ecological balance of the ecosystem. Here is what we encourage you to do during the N&G Conference:

- Use the mobile app and the virtual platform (instead of printing) to inquire about the programme details
- Use more sustainable ways of traveling to and around

Lisbon (take the train instead of a flight; ride a bike or walk instead of taxi)

- Reduce the waste you generate and separate disposal
- Opt for reusable mugs and bottles

Ensure healthy lives and promote well-being for all at all ages

- Promote health literacy and education by giving access to the latest scientific advancements in the field.
- Foster international collaboration and partnerships between participants.

Clever water consumption

- Encouraging participants to use reusable bottles of water in an attempt to address the global challenge of water scarcity and inadequate sanitation, promoting universal access to safe drinking water and proper sanitation facilities to improve health and well-being worldwide.

Ensure sustainable consumption and production patterns

In an effort to reduce paper waste and our environmental footprint, we have implemented several eco-friendly practices.

- Minimise the use of printed materials – Instead of producing a regular-sized program book, N&G 2024 will have a mini programme book instead. The mini version still contains essential information about the congress, including schedules, session details, and speaker profiles, but is one attendees can easily carry in their pockets or bags, ensuring convenience while minimising paper consumption.
- Healthy, locally-sourced meals during the Meeting – By

sourcing ingredients locally, N&G supports local farmers and reduces the carbon footprint associated with long-distance food transportation. These locally-sourced meals not only contribute to the overall sustainability of the congress but also promote a healthier and more nutritious dining experience for participants.

- Promoting Sustainable Development – While organising our event, we enquire and opt for more sustainable options from our vendors, openly communicate our efforts to do better and encourage our partners and participants to do so too.

Think about the future of the planet

Reduction/compensation of Greenhouse Gas emissions and encouragement of good sustainable practices to partners, attendees and participants.

- Say no to single-use plastics
- Keep your waste with you and dispose of it properly later
- Bring a reusable bag for your outings
- Remember, there's no Planet B – let's do our part to protect our planet!

[CARBON EMISSIONS OFFSETTING](#)